



Recommends visiting:

## Kakabeka Falls | Terry Fox Lookout | 2019

**Distance:** 100 kilometres/ 62 miles

**Time Required:** About 1½ hours at a relaxed riding pace, plus time for stops at the points of interest along the way.

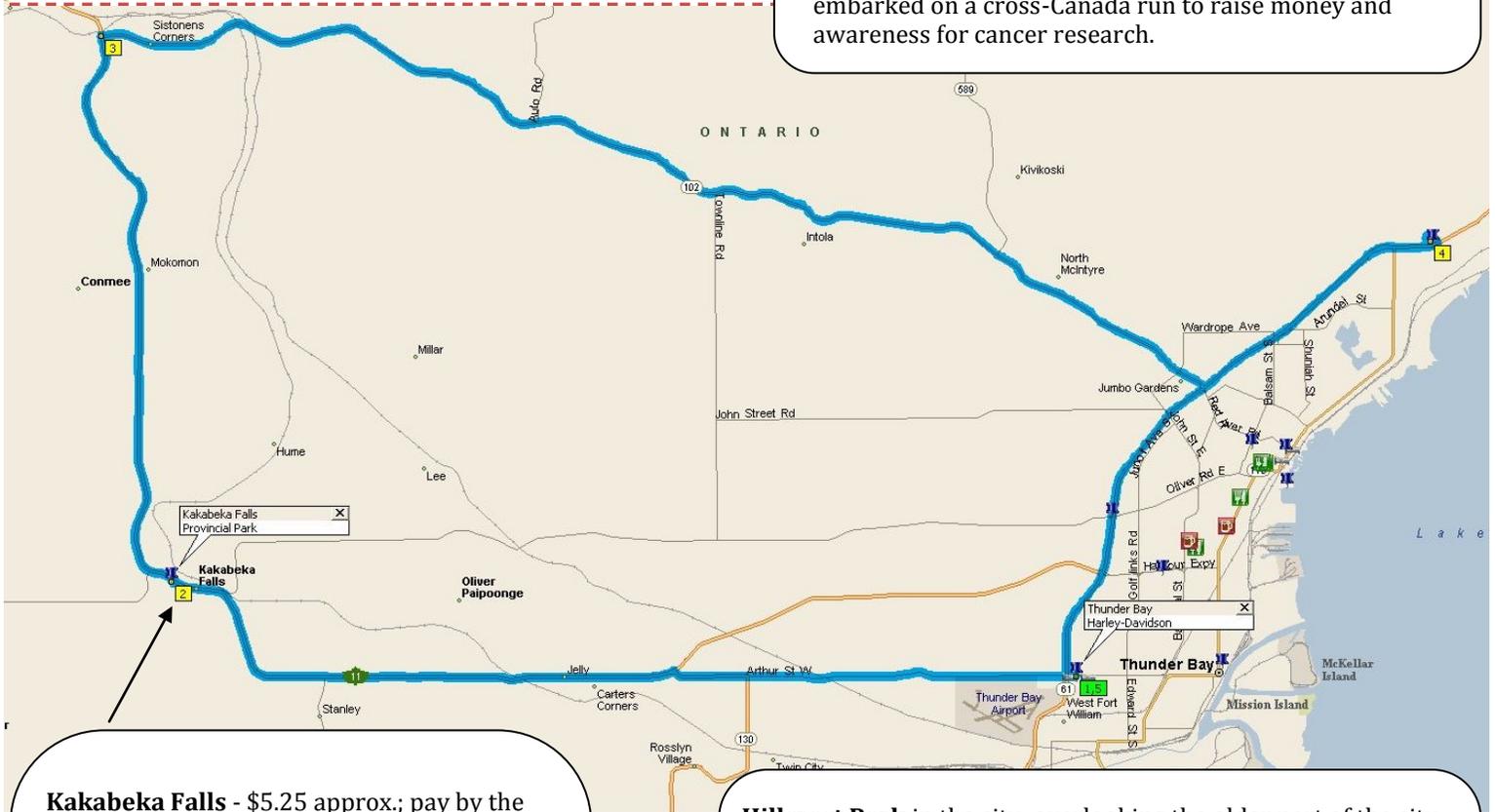
**Overview:** This route heads west from Thunder Bay to Kakabeka Falls Provincial Park

**Lunch Spot:** Kakabeka Falls Hotel or The Eddy in Kakabeka Falls. Or the Hoito Finnish Restaurant, Bay Street, Thunder Bay. Sweet G's on Hwy 102.

- ◇ From Kakabeka Falls head “west” on the Trans Canada (Hwy 11/17)
- ◇ At Sistonen’s Corners head east on Hwy 102, Sweet G’s Restaurant near Thunder Bay is also a good place for food.
- ◇ At the Trans Canada (Expressway) head “east”

### Terry Fox Lookout 20 minutes from Thunder Bay Harley-Davidson

Terry Fox CC OD (July 28, 1958 – June 28, 1981) was a Canadian athlete, humanitarian, and cancer research activist. In 1980, with one leg having been amputated, he embarked on a cross-Canada run to raise money and awareness for cancer research.



### Kakabeka Falls - \$5.25 approx.; pay by the hour; 30 minutes from Thunder Bay Harley-Davidson

40 metre high Kakabeka Falls is the second highest waterfall in Ontario. Excellent views of the falls and gorge from the boardwalk that wraps around the top of the falls. The Kaministiquia River has cut deep into the rocks to reveal 1.6 million year old fossils at the bottom of the falls. Historic route of the Voyageurs. Endangered Lake Sturgeon spawn at the base of the falls. Walking and nature trails in summer – portage trail to see the hydroelectric generation out flow.

**Hillcrest Park** in the city; overlooking the older part of the city and the harbour and the bay of Thunder Bay. You can see the Sleeping Giant.

**Hoito (Finnish) Restaurant** - 314 Bay St, Thunder Bay, ON (807) 345-6323 thehoito.ca  
Homey place in a historic building since 1918 with all-day breakfast, plus Finnish & Canadian meals. Try Finn pancakes, thin but not a crepe.

Need a pickup

**Thunder Bay Harley-Davidson**

807-577-6221

636 W. Arthur St, Thunder Bay, ON